



**WORLD
NETBALL**

WORLD CUP LEGACY PROGRAMME

NET2019, ZAMBIA

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OVERVIEW

The Net2019 legacy programme was developed as a three year initiative funded by UK Sport and delivered by England Netball in partnership with World Netball.

Zambia and Argentina were the two countries selected to be involved, and this report will look at the progress made within Zambia since the Net2019 project began, as well as the impact it is continuing to have on the country.

The vision was to empower women and girls through the power of netball and the Netball World Cup 2019, which was hosted in Liverpool.

The project itself spanned over three years from 2017 -2019, but future goals were also set to ensure the legacy continued on long after the Netball World Cup 2019.



PARTNERS

Four partner organisations shared the responsibilities for the design, management and delivery of this project. Their roles were identified as follows:

UK Sport

UK Sport funded the project through its IPP, providing strategic expertise and experience from previous legacy projects. UK Sport also provided advisory support as well as a more hands-on contribution throughout the project.

World Netball

World Netball (WN) is the world governing body for netball and project activities were strategically aligned with WN's priorities.

England Netball

England Netball was responsible for management, delivery and providing resource for the project's activities, including coaches and tutors.

Netball Association of Zambia (NAZ)

The Netball Association of Zambia guided the project scope and activities in Zambia, including project planning, local implementation, and communication and engagement with local stakeholders.

OVERALL OBJECTIVES

The objectives were firstly identified for the entire project Net2019, and were as follows:

Coach and Official development

Improve the knowledge and skills of those involved in the game including coaches and officials.

Strategic planning

Build capacity within the National Associations overseas, and help them to develop a clear strategic plan for the future.

Talent identification

Improve and strengthen talent pathways, from participation in the local community through to young leaders and the national team.

Stakeholder management

Build and strengthen productive relationships built on trust and understanding between stakeholders in an international context, to promote a sustainable legacy.

Framework for the exchange of knowledge and technical input

Establish a platform between England Netball, World Netball and the overseas federations.

GOALS

Once the objectives were set for the overall legacy project, goals were set for the specific countries. These were the goals set for Zambia:

Workforce development

To deliver the World Netball African Coaching and Officiating Framework (ACOF), and a series of High-Performance coaching camps.

Sport participation

To develop a pathway through support of hub sites and local leagues, as well as through education systems.

Organisational development

To build the capacity of National Associations through activities including the establishment of a Netball Stakeholder Forum, strategy development, a senior leadership exchange, and safeguarding.

Knowledge exchange

To promote the attendance of Zambian coaches at the Coaching and Officiating Conference during the 2019 Netball World Cup, hosted in the UK.

Resource accessibility

To fundraise for the national team training kit.

SPECIFIC OBJECTIVES

When these goals were indentified, it meant that more specific objectives for Zambia could be set.

The specific objectives for Zambia were:

- To use the project as an opportunity to share best practice and learning for similar international programmes involving partnerships with domestic and international organisations.
- To support and develop a four-year action plan for Zambia's netball programme (2018-2023).
- To increase the Netball Association of Zambia's understanding and application of coach development and coaching infrastructure.



WHAT TOOK PLACE?

The project created activities that sought to bring coaches from the UK to Zambia to spend time with the national team and assist in qualification for the Netball World Cup 2019.

This involved the following:

- Player training camps and training Zambian coaches (October 2017)
- A training camp held by England Netball coaches ahead of qualification (July 2018)
- A pre-qualifier training camp held in Zambia (August 2018)
- ACOF training for 16 coaches/umpires (August 2018)
- ACOF training for 20 coaches and officials (April 2019)

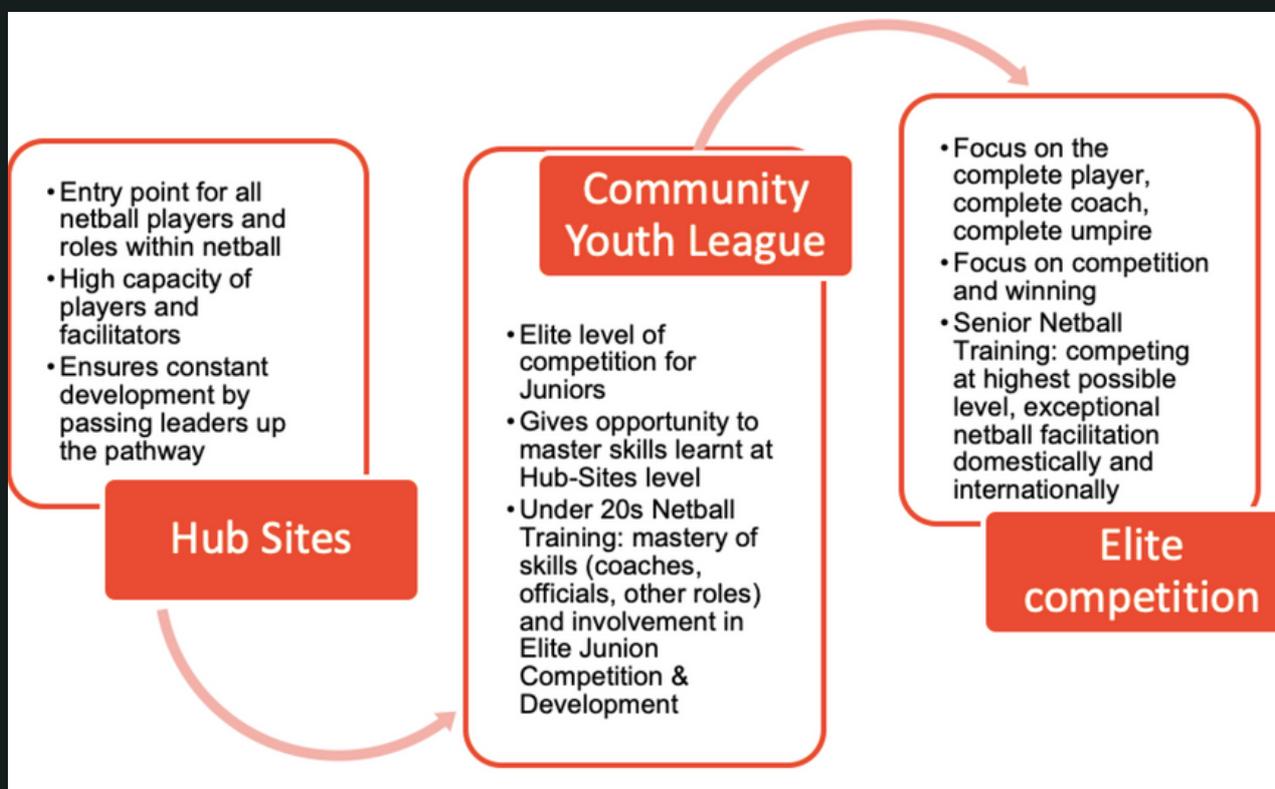


WHAT TOOK PLACE?

The Wallace Group assisted in the development of a pathway including hub sites.

Activities took place with a focus around building the capacity of the Netball Association Zambia, the delivery of major events (promote attendance of Zambian coaches at the Coaching and Officiating Conference at Netball World Cup 2019) and fundraising for the Zambia National Team.

Here is the pathway that was created:



WHAT TOOK PLACE?



Pictured above, a netball game held at one of the hub sites. The hub sites were established by the Wallace Group volunteers as part of the 2019 Legacy Programme.

KEY ACHIEVEMENTS

The project took place between 2017-2019 leading up to the Netball World Cup 2019. Here are some of the key achievements:

Workforce development

- In 2017, 3 Zambian National Coaches trained
- In 2018, 23 coaches and umpires trained from across seven countries (Zambia, Botswana, Namibia, Zimbabwe, Swaziland, Uganda and Lesotho)
- In 2019, 5 Zambian coaches received their World Netball Level 1 accreditation
- In 2019, an umpire pathway was introduced and a further 13 umpires trained

Sport participation

- In 2017 and 2018, 20-player training camps took place
- In 2018, the National team inspired 200 girls in a coaching session
- In 2019, over 500 women and girls participated in a tournament with teams representing every level of the performance pathway

Organisational development

- In 2019, 5 community leaders were recognised for their commitment to netball

Knowledge exchange

- In 2019, the Ministry of Youth and Sport in Zambia in conjunction with the Zambian Netball Association and UK Sport delivered a strategic planning forum to share new ideas, knowledge and develop the strategic direction for netball in Zambia

Resource availability

- By 2019, £3,500 had been raised for the Zambian National Team

KEY ACHIEVEMENTS



Margaret Deighan and Heather Gleadall with candidates who completed the Phase 3 Officiating (final level) of the Africa Coaching & Officiating Framework. Participants are from Botswana, Lesotho, Malawi, Zambia and Zimbabwe.



Joan Young delivered a session for the phase 3 coaching participants. Participants are from Uganda, Namibia, Botswana, Lesotho and Zambia.

KEY ACHIEVEMENTS



Young Zambian supporters at one of the Zambian Games.

LEARNINGS

- Offering high capacity placements of 6 months to UK coaches to spend in Zambia with the national team was not feasible for predominantly female individuals to take up. Instead, working closely with the National Association to develop a strategic approach to talent pathways in a hub and creating a bespoke model was an effective way to build long term change.
- The on-the-ground partnership with the Wallace Group and Volunteer Zambia was central to delivering meaningful participation at key events, with large numbers of local women and young girls getting involved in netball.
- The initial focus in Zambia was on coach and official training in high performance, but after the national team failed to qualify for the World Cup 2019 this changed. The vision then became about enriching lives through netball, and promoting a steady pathway for the future.
- The hub sites proved to be highly successful and NET2019 recognised this quickly and moved resource to support and expand this activity.
- The Stakeholder Engagement activities were very important for generating a common purpose and shared goals within the Netball Association Zambia, and were the foundation for developing a Strategic Plan to 2023.

2019 ONWARDS

After the 3 year Net2019 project finished, the countries were then set goals for future development up until 2023. The goals within Zambia were:

- To continue to grow into more communities within Lusaka (10 total communities by the conclusion of 2019)
- To introduce the hub-site starter toolkit to area associations
- Rollout the hub-site program in another Region
- To train and upskill our newly identified and continually growing cohort of leaders as netball coaches and community leaders
- To develop a curriculum for community level netball coaches
- To become 100% nationally owned within Zambia.



IMPACT SO FAR...

Off the back of the Net2019 Legacy Project, development has continued to take place in Zambia and the work that was done between 2017-2019 has been sustained and in some cases developed. Here are some of the future impacts (as of March 2022):

- The pathway that was created as part of Net2019 has created a strong stable and efficient entry point to netball for players, coaches and facilitators of the sport.
- Hub sites can still be found all across Zambia and hub site toolkits have now been created which have a step-by-step guide on how to set up a hub site and this has been crucial to creating more sites throughout Zambia.
- The current hub sites are engaging with over 8,000 girls under the age of 16, over 300 coaches nationwide (of which many have coaching qualifications such as Africa Netball Level 1, all recognised by World Netball).
- Since 2019 the hub sites have created multiple National Team players, who have been selected as the U19 and U21 level, and this success will benefit the elite level of Netball in Zambia in the long term.

IMPACT SO FAR...

Since 2019 the hub sites have created multiple National Team players, who have been selected as the U19 and U21 level, and this success will benefit the elite level of Netball in Zambia in the long term. Here are two examples of this:

Natasha (pictured below, GA) had never played netball before, when her school was invited to join the Mtendere Hub-Site in 2017. Since then her passion for the game and netball skills have improved to the point where she has been selected to represent Zambia at Under 20 level.



Tabitha (pictured above, in the white dress) has also been selected for the Zambia U20's since joining the Mtendere Hub-Site system. Tabitha has been playing netball for longer but the creation of the hub-site has given her far more opportunity to play and develop, rather than the previous bi-weekly games across city, which she could not always attend due to financial stress on the family.

Tabitha also coaches the younger participants across the hub-sites and works as a coach coordinator voluntarily to keep up-skilling other coaches at the site too.

IMPACT SO FAR...

- Each hub site now has a committee, each person plays a chosen role in running the hub site (and also deemed important for the governance of netball at all levels). These roles are directly reflected at the junior elite, senior elite, area association and National Executive level. This results in a realistic and attainable route for committed and talented individuals within netball to progress and impact netball positively in different roles off the court.
- Netball Zambia now has a governance structure that is reflective of itself at all levels.
- The Executive Committee of Netball Zambia also implements good governance frequently and consistently, making good use of their strategic and operational planning, AGM's, governance review meetings and more.
- A structure for officiating and coaching has been created, with a clear pathway established and country level awards. This has led to the Africa Awards being properly implemented. The two testers/tutors of both coaching and officiating have been continuously offering courses and assessing and testing participants across the country.
- The group of umpires that qualified to serve as technical officials during the 2018 Africa Cup and qualifiers have been continuing to support as technical officials for league games.

COMMUNITY IMPACT

Due to all the on-going work since Net2019, Netball Zambia's capacity, tangible pathways and governance have all improved/increased. However, the impacts have not just been seen in netball, the work and ability to collaborate with local NGO's have meant that netball in Zambia has now created a platform that is changing the lives of young women and girls across Zambia.

For example, an enterprise initiative has been set up with one of the NGO's where girls in Lusaka have been taught to tailor, create and manufacture items from traditional chitenge material and relative scraps to create incredible designs and items. This is an opportunity that would not have been available to these women and girls before without the hub sites and partnerships created with NGO's and service providers through Net2019.

This enterprise has resulted in some girls generating income enabling their schooling and supporting their families financially.

Here are some examples of their work:



THANK YOU

To find out more about the work of World Netball, you can visit our website at www.netball.sport

You can also follow us on the below platforms by clicking the icons below:

